



PROGRAMMING SCHEDULE

APRIL 9 - APRIL 15, 2007

| | Monday - 4/09 | Tuesday - 4/10 | Wednesday - 4/11 | Thursday - 4/12 | Friday - 4/13 | Saturday - 4/14 | Sunday - 4/15 |
|----------|---|--|---|--|---|---|--|
| 6:00 AM | Respect | Respect | Respect | Respect | Respect | Respect | Respect |
| 6:30 AM | | | | | | | |
| 7:00 AM | Rise & Shine | Rise & Shine | Rise & Shine | Rise & Shine | Rise & Shine | Rise & Shine | Rise & Shine |
| 7:30 AM | COOK- UP | COOK- UP | COOK- UP | COOK- UP | COOK- UP | COOK- UP | COOK- UP |
| 8:00 AM | COOK-UP | COOK-UP | COOK-UP | COOK-UP | COOK-UP | COOK-UP | COOK-UP |
| 8:30 AM | | | | | | | |
| 9:00 AM | Rise & Shine | Rise & Shine | Rise & Shine | Rise & Shine | Rise & Shine | Rise & Shine | Rise & Shine |
| 9:30 AM | COOK- UP | COOK- UP | COOK- UP | COOK- UP | COOK- UP | COOK- UP | COOK- UP |
| 10:00 AM | Respect | Respect | COOK-UP | Respect | Cross Caribbean Countdown TCC044 | COOK-UP | COOK-UP |
| 10:30 AM | | | | | | | |
| 11:00 AM | Pull Up Selecta Cycle 2 Platinum KidzTPU012 | Cross Caribbean Countdown TCC043 | Respect | COOK-UP | COOK-UP | Cross Caribbean Countdown TCC044 | Downtown Island Downtown Island PeopleTDI034 |
| 11:30 AM | | | | | | | |
| 12:00 PM | Downtown Island St. MaartenTDI037 | COOK-UP | Cross Caribbean Countdown TCC043 | COOK-UP | Pull Up Selecta Cycle 2 Mighty CrownTPU016 | COOK-UP | Respect |
| 12:30 PM | COOK- UP | | | | | | |
| 1:00 PM | Cross Caribbean Countdown TCC043 | Pull Up Selecta Cycle 2 On Da Reggae TipTPU013 | COOK-UP | Downtown Island Caribbean FoodTDI010 | Respect | Pull Up Selecta Cycle 2 Little XTPU019 | COOK-UP |
| 1:30 PM | | | | | | | |
| 2:00 PM | Inside the Rhythm Alison HindsTRH002 | Downtown Island Irie JamboreeTDI018 | COOK-UP | COOK-UP | COOK-UP | Respect | Cross Caribbean Countdown TCC044 |
| 2:30 PM | COOK- UP | | | | | | |
| 3:00 PM | Rise & Shine | COOK-UP | Pull Up Selecta Fatta Diamond/SashaTPU006 | Rise & Shine | COOK-UP | COOK-UP | COOK-UP |
| 3:30 PM | COOK- UP | | | | | | |
| 4:00 PM | COOK-UP | Rise & Shine | COOK-UP | COOK-UP | Rise & Shine | Rise & Shine | Pull Up Selecta Cycle 2 Steelie BashmentTPU009 |
| 4:30 PM | | COOK- UP | | | | | |
| 5:00 PM | COOK-UP | COOK-UP | Downtown Island Schoneberg Culture CenterTDI019 | Pull Up Selecta Bobby Konders, Cham, Ding-DongTPU001 | Pull Up Selecta Cycle 2 Collie Budz/Mr. PeppaTPU017 | COOK-UP | COOK-UP |
| 5:30 PM | | | | | | | |
| 6:00 PM | Respect | Respect | COOK-UP | COOK-UP | Respect | Respect | Rise & Shine |
| 6:30 PM | | | | | | | COOK- UP |
| 7:00 PM | Cross Caribbean Countdown TCC043 | Cross Caribbean Countdown TCC043 | Cross Caribbean Countdown TCC043 | Cross Caribbean Countdown TCC044 (P) | Cross Caribbean Countdown TCC044 | Downtown Island Rolling with Soca StarsTDI033 | COOK-UP |
| 7:30 PM | | | | | | | |
| 8:00 PM | Downtown Island Made In JamaicaTDI036 | COOK-UP | TTO: Red Carpet | Respect | TTO: Trinidad | Cross Caribbean Countdown TCC044 | Respect |
| 8:30 PM | COOK- UP | | | | | | |
| 9:00 PM | Inside the Rhythm Elephant ManTRH003 | Pull Up Selecta Cycle 2 Aidonia/Stone LoveTPU014 | Live & Direct: Tempo Turns One | WIDC NYC 2006 | Downtown Island Winter Reggae In ParadiseTDI031 | Pull Up Selecta Cycle 2 Fully LoadedTPU008 | Respect |
| 9:30 PM | | | | | | | |
| 10:00 PM | Pull Up Selecta Cycle 2 Platinum KidzTPU012 | COOK-UP | COOK-UP | Pull Up Selecta Cycle 2 Aidonia/Stone LoveTPU014 | Inside the Rhythm Elephant ManTRH003 | Dancehall Draft Picks | Cross Caribbean Countdown TCC044 |
| 10:30 PM | | | | | | | |
| 11:00 PM | Respect | COOK-UP | L&D: Barbados | COOK-UP | COOK-UP | Live & Direct: Nevis | TTO: Trinidad |
| 11:30 PM | | | | | | | |
| | Tuesday - 4/10 | Wednesday - 4/11 | Thursday - 4/12 | Friday - 4/13 | Saturday - 4/14 | Sunday - 4/15 | Monday - 4/16 |
| 12:00 AM | COOK-UP | L&D: Barbados | COOK-UP | Cross Caribbean Countdown TCC044 | COOK-UP | COOK-UP | COOK-UP |
| 12:30 AM | | | | | | | |
| 1:00 AM | COOK-UP | COOK-UP | Pull Up Selecta Cycle 2 Mighty CrownTPU016 | COOK-UP | Pull Up Selecta Cycle 2 Next Level/Tanya Stephens/World ClashTPU018 | WIDC NYC 2006 | COOK-UP |
| 1:30 AM | | | | | | | |
| 2:00 AM | Live & Direct: TEMPO Launch | Pull Up Selecta Cycle 2 Swatch InternationalTPU015 | COOK-UP | COOK-UP | COOK-UP | COOK-UP | Pull Up Selecta Cycle 2 DipsetTPU010 |
| 2:30 AM | | | | | | | |
| 3:00 AM | | COOK-UP | Cross Caribbean Countdown TCC043 | Pull Up Selecta Cycle 2 Swatch InternationalTPU015 | Cross Caribbean Countdown TCC044 | Respect | COOK-UP |
| 3:30 AM | | | | | | | |
| 4:00 AM | COOK-UP | COOK-UP | COOK-UP | COOK-UP | L&D: Jamaica | Respect | Cross Caribbean Countdown TCC044 |
| 4:30 AM | | | | | | | |
| 5:00 AM | Cross Caribbean Countdown TCC043 | Cross Caribbean Countdown TCC043 | COOK-UP | COOK-UP | COOK-UP | Cross Caribbean Countdown TCC044 | COOK-UP |
| 5:30 AM | | | | | | | |